



DAVID LYNCH FOUNDATION

BOB ROTH
CEO, THE DAVID LYNCH FOUNDATION



Bob Roth is one of the most experienced and sought-after meditation teachers in America. Over the past 50 years, Bob has taught Transcendental Meditation to many thousands of people, and is the author of the definitive book on the subject, the *New York Times* bestseller, *"Strength in Stillness: The Power of Transcendental Meditation."* As CEO of the David Lynch Foundation, Bob has helped bring Transcendental Meditation to more than one million children in underserved communities in 35 countries, military veterans and their families who suffer from post-traumatic stress, and women and children who are survivors of domestic violence. Bob also directs the Center for Resilience, which is bringing meditation to Fortune 100 companies, government agencies, and community service organizations. Bob is the host of the iHeartRadio podcast *"Stay Calm with Bob Roth,"* and the SiriusXM radio show *"Success Without Stress."* He has spoken about the science of meditation to industry leaders at such gatherings as Google Zeitgeist, Aspen Ideas Festival, Aspen Brain Conference, Wisdom 2.0 Summit, Global Wellness Summit, and CURA's Unite To Cure at The Vatican.

Featured Talks

Google Zeitgeist: <https://vimeo.com/106406549>

Aspen Ideas Festival: <https://www.youtube.com/watch?v=3r9cj1YuSyQ>

Aspen Brain Conference: https://www.youtube.com/watch?v=8d9-c_S05gU

Wisdom 2.0: <https://www.youtube.com/watch?v=3Cj2N460YD4>

David Lynch Foundation
228 East 45th Street, 15th Floor, New York, NY, 10017
davidlynchfoundation.org • 212-644-9880 • info@davidlynchfoundation.org

New York • Washington, D.C. • Chicago • Los Angeles